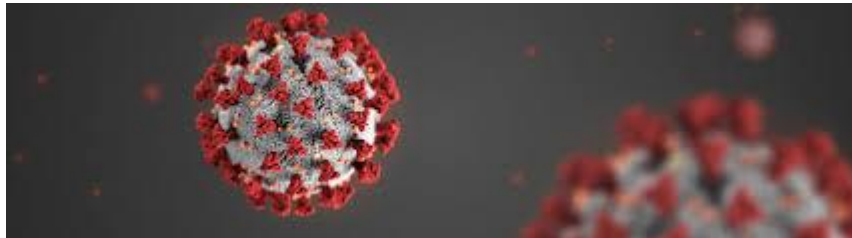


## Covid 19 - warning



As repeatedly stressed by Franco Locatelli, president of the Higher Health Council (Ccs) and member of the Technical Scientific Committee (Cts) of Civil Protection, it is essential to pay maximum attention to inter-family infection. To date, there are more than 60 thousand people in home isolation positive for the swab.

The Ministry of Health has created a new infographic with practical information for people who are in home isolation and for those who care for them. At this time it is important not only to guarantee the well-being of the patient, but also to protect the health of people who share the same environments.

For those in home isolation with suspected or confirmed COVID-19

- **The person with suspected or confirmed Covid-19 must stay away from other family members, if possible in a well-ventilated single room and must not receive visits.**
- **The sick person must rest, drink plenty of fluids and eat nutritious food, wear a surgical mask to be changed every day. If he does not tolerate it, he must adopt strict respiratory hygiene: cover his mouth and nose with a disposable paper tissue when he coughs or sneezes and immediately discard or wash it after use. Wash your hands with soap and water or a hydroalcoholic solution.**

For family members assisting people in home isolation for suspected or confirmed Covid-19

- The person providing care must be in good health, not have any diseases that put him at risk, wear a surgical mask carefully placed on the face when in the same room as the patient.
- Hands should be carefully washed with soap and water or a hydroalcoholic solution after each contact with the patient or with his surroundings, before and after preparing food, before eating, after using the bathroom and every time the hands appear dirty.

- Crockery, cutlery, towels and sheets must be dedicated exclusively to the sick person. They must be washed often with water and detergent at 60/90 ° C.
- Surfaces frequently touched by the sick person should be cleaned and disinfected every day.
- If the sick person gets worse or has difficulty breathing, call 112 or 118 immediately.